

## EVENT PARTICIPATION

### AGE RULES and RESTRICTIONS

Several different age groups come into play in the First Responder Sporting Events. An attempt to incorporate as many different age groups as possible to promote participation shall be offered for all FRSE games. Based on registration, age groups may be grouped together, and the participants will be notified if this situation occurs. See each individual event for age groups.

#### 1. RESTRICTIONS FOR EVENT PARTICIPATION:

1. Age is determined by the competitor's age on the final day of the events. The first day of the FRSE is defined as the beginning date of competition that the FRSE publishes on the web site.
2. A competitor may enter only one age division in an event.
3. A participant may drop to a lower age group if desired, however he must declare his chosen age group upon initial entry and not enter more than one age group in the same event.
4. A Team (including Doubles) must compete in an age division eligible to its youngest member.
5. There is no minimum number of entries required for weight divisions or age divisions. If there is only one (1) participant in an event, the participant may choose one of the following:
  - Move up in weight/age/group division
  - Move down in weight/age/group division
6. Late entries, changes or additions in any sport or event may only enter into sports/events in their actual age, skill, or weight category
7. A competitor may enter only one gender doubles event with only one partner in any sport.  
EXCEPTION: In most sports, Doubles and Mixed Doubles may be entered  
(See rules of sports for specifics). EXAMPLE: If Todd enters Bowling – Doubles Open with Mike, he may also enter Bowling – Mixed Doubles with Karen, but he may not enter Bowling – Doubles 30+ with Andrew.
8. A competitor may be on only one team in the same event.  
EXAMPLE: If Todd rosters on an Open softball team, he may also roster on the 40+ softball team if he meets the age requirements, but cannot register on a 2nd Open Softball team..
9. A competitor may enter only one weight division in any one event.
10. A competitor may enter only one age classification within a weight division.